



Echocardiogram Appointment Checklist

Please review the following information to ensure a smooth appointment.

Before Your Appointment

- Bring a valid photo ID
- Bring your insurance card
- Arrive 10–15 minutes early

What to Wear

- Wear comfortable clothing
- A two-piece outfit is recommended
- Avoid dresses if possible
- You may be asked to change into a gown

Food & Drink

- Echocardiogram: You may eat and drink normally

Medications,

- Take medications as prescribed unless instructed otherwise

Day of Appointment

- Plan for approximately 30–60 minutes
- Silence your phone during the exam
- You will need to lie still on your left side for imaging. We can scan patients in wheelchairs when necessary

Important Notes

- If you are running late, please call our office
- If you need to reschedule, notify us as soon as possible

Questions? Call us at: (808) 752-4614, (M - Sat 8am - 5pm)